



TRENCHING & SHORING

Manhole Box Safety and Operating Procedures

Manhole boxes (MHB) up to 3.5m are designed to withstand a safe working load of 40kN/m². Manhole boxes above this size are designed to withstand a safe working load of 35kN/m².

If in doubt about the generated ground pressure in the excavation consult a qualified soil engineer.

Unloading (Method to be determined by Risk Assessment on Site)

Disassembled

- 1) By forklift/telehandler
 - Ensure the forklift/telehandler has sufficient capacity and adequate fork length to lift the equipment safely. (See capacity table).
 - Ensure that each lift occurs at the centre of gravity. Lift only one item at a time.
- 2) By crane/excavator
 - Ensure the crane/excavator has sufficient capacity and adequate chains to lift the equipment safely. (See capacity table). Use good slinging practice at all times.
 - Ensure the chain(s) are connected to the four lifting points on the panel (two beneath the driving caps on each side of the panel and two on the bottom of the panel). Lift only one item at a time.

How to assemble a Manhole Box – Telescopic Struts

Assemble struts by inserting strut inners into spacers. Set to the required length by inserting pins through the spacer and strut. Ensure pins are secured by “R” clips. Check length of each strut. Position first panel so that pockets are uppermost and level. Insert struts into pockets and pin through securing with “R” clips ensure that the pins in the strut outers have the “R” clips facing towards the bottom of the box. Position second panel so that the pockets are lowermost and it is in a level plane. (By forklift/Telehandler or suspended on chains by the lifting points). Lower the second panel onto upraised struts. When the struts are located pin through and secure with “R” clips. The MHB is now assembled. To stand the MHB upright attach chain(s) to the four top lifting points under the driving caps and lift the MHB upright.

How to assemble a Manhole Box – Fixed Struts

Position first panel so that pockets are uppermost and level. Insert struts into pockets and pin through securing with “R” clips. Position second panel so that the pockets are lowermost and it is in a level plane. (By forklift/Telehandler or suspended on chains by the lifting points). Lower the second panel onto upraised struts. When the struts are located pin through and secure with “R” clips. The MHB is now assembled. To stand the MHB upright attach chain(s) to the four top lifting points under the driving caps and lift the MHB upright

Storage/Stacking (To be determined by Risk Assessment on Site)

MHB articulate to allow easy installation, this may cause them to fall over when stored or stacked. Therefore never stack one MHB on top of another. MHB maybe stored by standing upright in a shallow trench or supported between one metre cube concrete blocks. In all cases risk assessment should be undertaken to ensure site safety.

How to install a MHB (The method of installation should be determined by Risk Assessment)

Pick and Place

- This method of installation does not support the side walls of the excavation, therefore the MHB is used as a safety shield. It maybe inappropriate to use this method in certain ground conditions where there is risk of movement, where reinstatement is critical or if the excavation is subject to surcharge.
- Excavate the trench to the required width and depth. Do not over dig.
- Lift the MHB into position. Ensure enough of the MHB remains above the trench to prevent any ground falling into the excavation. If this requires a top box fit it to the base box prior to installation, ensure base box is adequately supported or bench the excavation to allow the top box to be attached in safety then dig out the benching and push box down into position.
- When the dig depth has been reached close the open side of the MHB by placing a road plate or similar against the wings. **DO NOT SIDE LOAD THE MANHOLE BOX STRUTS IT MAY CAUSE FAILURE.**
- Do not enter excavation until installation is complete and declared safe.

Dig and Push

- This method of installation supports the side walls of the excavation and should be the preferred method of installation.
- Dig a starter hole approximately 1.0 metre deep and long enough to accept the MHB.
- Lift the MHB into the hole. Ensure the panels remain vertical.
- Push the back of the excavator onto the driving caps of each panel to push the panel into the ground. Push each panel in turn until it reaches the limit of its movement.
- Then excavate beneath the panel and push down again. Repeat the process until the required depth is achieved. Ensure enough of the MHB remains above the trench to prevent any ground falling into the trench. (See "How to add a top box")
- Only push on the driving caps, pushing elsewhere on the panel may cause severe damage to the panel and the bucket.
- When the dig depth has been reached close the open side of the MHB by placing a closing plate or similar against the wings. **DO NOT SIDE LOAD THE MANHOLE BOX STRUTS IT MAY CAUSE FAILURE.**
- Do not enter the excavation until installation is complete and declared safe.

Compaction

Over time the walls of the excavation may close in on the MHB, it is therefore recommended to ease the MHB by slightly lifting it prior to compaction to prevent compaction causing the MHB becoming stuck.

Never compact more than one third up the face of the MHB then raise it before continuing.

Always be aware that compaction may damage the inner faces of the MHB.

Extraction (The method of extraction should be determined by Risk Assessment)

Due to consolidation it may be more difficult to extract the MHB than installing it. Use only the extraction/lifting points located on the underside of the driving cap. Ensure that the chain sling is strong enough to undertake this operation. Be aware that chains may snap if improperly used and cause severe injury, therefore never allow personnel in the vicinity of the lift.

Methods of extraction (listed in increasing difficulty of extraction)

- 1) Straight pull: Attach the chain sling to the two extraction/lifting points on each panel and lift the MHB using four legs of the chain sling.
- 2) Half pull: Attach the chain sling to the two extraction /lifting points on one panel only and lift that panel. When it has reached it maximum movement remove the chain sling and connect it to the other panel and lift. Repeat the procedure until the MHB is extracted.
- 3) Single pull: Attach a single leg of chain sling to an extraction/lifting point and raise the corner of each panel in turn, when the MHB moves freely remove the MHB by method 1.0).

How to add a top box (The method of adding a top box should be determined by Risk Assessment)

- If adding a top box whilst the base is outside the excavation, ensure the MHB is adequately supported (see “How to install a MHB”).
- Lift the top box so that the panel connectors hang down.
- Locate the panel connectors in the pockets at the top of the panel.
- Pin through the panel connectors and the panel pocket. Ensure the pins are secured with “R” clips, the box is now ready for use.
- If adding a top box whilst the base is in the excavation, ensure enough of the base is above the trench to enable the insertion of securing pins without the need to enter the trench. Undertake 2) to 4) above.

Other Hazards

- 1) Never use bent or damaged struts or panels
- 2) Never attempt remove/adjust struts whilst the trench box is in the excavation.
- 3) Never attempt to lift the MHB using the struts.
- 4) Never climb in or out of the trench using the struts. Always use a ladder.
- 5) Never move a MHB with personnel inside.
- 6) Never enter an unsupported part of the trench.
- 7) Never apply side loads to struts
- 8) Never exceed the load capacity of the MHB.

Always practise good site safety practice

Capacity Chart – Standard Manhole Box – Telescopic Struts

2.5m Lower panel	Approx 985kg each
Size 2 Strut	Approx 42kg each
2.5m Lower manhole box complete	Approx 2138 kg each
2.5m Upper panel	Approx 670kg each
Size 2 Strut	Approx 42kg each
2.5m Upper manhole box complete	Approx 1424kg each
3.0 m Lower panel	Approx 1085kg each
Size 3 Strut	Approx 54kg each
3.0 Lower manhole box complete	Approx 2386kg each
3.0m Upper panel	Approx 735kg each
Size 3 Strut	Approx 54kg each
3.0m Upper manhole box	Approx 1578kg each
3.5m Lower panel	Approx 1183kg each
Size 4 Strut	Approx 66kg each
3.5m Lower manhole box complete	Approx 2630kg each
3.5m Upper panel	Approx 799kg each
Size 4 Strut	Approx 78kg each
3.5m Upper manhole box complete	Approx 1754kg each
4.0m Lower panel	Approx 1720kg each
Size 4 Strut	Approx 78kg each
4.0m Lower manhole box complete	Approx 3752kg each
4.0m Upper panel	Approx 1025kg each
Size 4 Strut	Approx 78kg each
4.0m Upper manhole box complete	Approx 2206kg each
4.5m Lower panel	Approx 1810kg each
Size 5 Strut	Approx 89kg each
4.0m Upper manhole box complete	Approx 3976kg each
4.5m Upper panel	Approx 1085kg each
Size 5 Strut	Approx 89kg each
4.5m Upper manhole box complete	Approx 2348kg each